Monastic Tour in Tokyo 2017

Public lecture and Kriya Yoga Initiation

Saturday, October 7

4:00 p.m. – 5:00 p.m. Public Lecture with Guided Meditation

5:00 p.m. – 5:30 p.m. Informal Reception

Sunday, October 8

9:30 a.m. – 10:15 a.m. Meditation

10:45 a.m. – 11:45 a.m. Technique Review Class I* 12:00 a.m. – 13:00 p.m. Technique Review Class II*

5:30 p.m. – 8:30 p.m. Kriya Yoga Initiation**

Monday, October 9

9:30 a.m. – 10:15 a.m. Meditation

10:30 a.m. – 11:30 a.m. Inspirational Service

12:00 a.m. – 13:00 p.m. Kriya Yoga Review Class**

13:00 p.m. – 2:30 p.m. Kriya checking**

3:30 p.m. – 4:30 p.m. Closing Program

Events to be held at: OSAKI BRIGHT CORE HALL 大崎ブライトコアホール

Address: 5-5-15 Kitashinagawa Sinagawa-ku Tokyo 141-0001

URL: http://osaki-hall.jp/access/

For further information, please visit: www.srf-tokyo.org, <a href="mailto:emai

* Open to students of the Self-Realization Fellowship Lessons.

** Open to Kriyabans only

The events are geared toward adults, but children twelve years and older who are Self-Realization Fellowship students may attend if they wish. We are not able to accommodate younger children at the meetings.

We ask that no audio or video recordings (cell phone cameras included) be made during the events, and that still photography be limited to outdoor areas. Thank you for your cooperation.